GOVERNMENT OF ANDHRA PRADESH

ABSTRACT

YAT&C (Sports & YS) Dept. – Physical Literacy – Organizing the function for the conduct of 'Surya Namaskarams' in all the Districts and Educational Institutions of State on 28th January 2018 – Orders – Issued.

YOUTH ADVANCEMENT TOURISM & CULTURE (Sports & YS) DEPARTMENT

G.O.Rt.No.51 **Dt: 25.01.2018**

Read :

From the Addl. Secretary to CM, CMO's Office, Note.No.003, Dt: 24.01.2018.

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ORDER :

It is decided that in the 'Sunrise State of Andhra Pradesh' all the citizens will be encouraged and motivated to participate in the function to pay our regard to 'Lord Surya (Sun)' for the energy and good health that he is bestowing on humanity. This worship will be carried out in the most popular form of undertaking 'Suryanamaskarams' on Radha Saptami day every year in all districts. Physical well being is at the core of the development model that is being pursued by Govt. of Andhra Pradesh. In involving all the practitioners of Yoga and physical literacy, the State Government desires to emphasise the need to keep oneself physically fit. 'Suryanamaskara' has come to us as part of the hoary tradition and physical trainers are today discovering enormous physical and psychic benefits fro this exercise, to all practitioners irrespective of age and creed. Body that practices this routine is often seen to be more supple and flexible. In the modern world, there is staggering increase of life style diseases in the society. The State Government, therefore, desires to recommend to all citizens of all age groups to join in this exercise.

2. The Sports Authority of Andhra Pradesh (SAAP) in conjunction with non-government organisations and AP Yoga Association will organise this function in Amaravati and in all districts. The Yoga Association will particularly lead in the public practice of Surya Namaskara and enable more and more people to take to this simple routine to gain good health. Departments of School Education and Higher Education will take steps to sensitise the management of educational institutions on the need for this awareness in their students and facilitate them to understand the way forward.

3. The District Collectors are requested to arrange the function in the district headquarters specifically in the morning hours between 6-8 am and prepare suitable programme to improve awareness among all concerned. The 'theme song' specifically brought out by the Department of Culture is being forwarded by the Director, Culture for appropriate use in this regard. Suitable arrangements may be made for children to practice couple of days before the actual display of Suryanamaskarams on 28th January, 2018 (due to unavoidable circumstances, this year it is on 28th January, 2018). Suggested programme is annexed to this order.

4. All the concerned will make required efforts to make the function a grand success. The District Collector, Krishna and Commissioner, Municipal Corporation, Vijayawada, VC & MD, SAAP and Director, Culture will coordinate to host the State Function in Amaravati and make it a grand success.

(BY ORDER AND IN THE NAME OF THE GOVERNOR OF ANDHRA PRADESH)

DINESH KUMAR
CHIEF SECRETARY TO GOVERNMENT

To
All Collectors.
All the Departments of A.P. Secretariat.
The Commissioner of School Education.
The Commissioner of Higher Education.
All Vice Chancellor's of the Universities of the State
- through Higher Education Dept..
The Vice Chancellor of NTR University of Health Sciences, Vijayawada.
The Director of Culture, A.P. Vijayawada.

All Municipal Commissioners in the State
- through Director of Municipal Administration, A.P.

The Vice Chairman & Managing Director,
Sports Authority of Andhra Pradesh,
Indira Gandhi Municipal Corporation Stadium,
Bundar Road, Labbipet, Vijayawada.

The Special Commissioner of Youth Services &
Managing Director, APSTEP, Vijayawada.

Copy to:

The PS to Addl. Secy. to Hon'ble CM,
The OSD to Minister(L&J, SD, Y.S, UB, NRI),
The OSD to Chief Secretary to Government,
The PS to Spl. CS to Government, YAT&C(Sps.&YS)Dept.,
The PS to Prl. Secy. to Government, YAT&C(T&C) Dept.,

//FORWARDED :: BY ORDER//

SECTION OFFICER

ANNEXURE

Suggested programme is as follows:

- JyothiPrakashanam – Lighting of lamp.
- Theme song and dance
- Discourse on Sun and His importance
- Address by the VVIP
- Mass Suryanamaskarams by participants.

DINESH KUMAR
CHIEF SECRETARY TO GOVERNMENT